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## **Bangkok to Phuket East Coast**

**Tour ID: A East** 

A stunning, flat coastal ride from the "City of Angels" to southern Thailand on the Andaman Sea. Discover gorgeous beaches on both the Pacific and Indian oceans and the Khao Sok National Park.

Our exotic bike journey takes us along the Gulf of Thailand and the Andaman Sea to Phuket on perfect, smooth roads. Discover Thailand's natural beauty as we coast along through tropical forests and jungle-covered karst peaks, past beautiful ornate temple complexes and traditional villages. For the most part, we ride on almost traffic-free roads along the ocean. An unparalleled road bike experience for enthusiastic cyclists of all ages! We spend the night in selected, quality hotels with a pool, most of them located directly on sandy beaches.

11 days | 10 nights | 9 stages from 66 to 122 km | Total 882 km | Total 6.225 m ascent Rest day on Chumphon Beach.





## **Bangkok - The City of Angels**

Bangkok, Thailand's vibrant metropolis, offers a multitude of possibilities for day trips. Visit the Royal Palace. Marvel at countless, ornate temple complexes or discover historic Bangkok on a river cruise. Enjoy the many culinary delights and limitless shopping at unbelievably low prices. The huge Chatuchak Weekend Market on Saturday before the start of our tour offers an excellent opportunity for a visit. We highly recommend spending a few days before the beginning of the tour in this fascinating, exotic city. Additional nights can be booked through us.

#### Day 1

## **Arrival in Bangkok**

Upon arriving at the JW Marriott Hotel, centrally located in the heart of Bangkok, you will enjoy all of the amenities of this noble 5-star hotel. In the evening we will greet and welcome you in the meeting room of the hotel. Here we will inform you about the tour and provide a bit of interesting information about our host country. Every participant will receive a high-quality team jersey.

#### Day 2: Warm-Up Stage

#### 1st stage: Phetchaburi - Hua Hin = 66 km | 95 m ascent | flat

In our comfortable van, we depart Bangkok toward Phetchaburi. The drive to our starting location will take 2 hours. After lunch at a seaside resort Cha-Am, we will ride through a palm-fringed agricultural landscape. Hua Hin, the oldest seaside resort in Thailand, welcomes us with many good restaurants, shops and a 5 km long, white sand beach. In the afternoon, we will move into our accommodations at the 5-star Hilton Hua Hin Hotel and refresh ourselves afterwards in the large pool. **B | L incl.** 

## Day 3

## 2<sup>nd</sup> stage: Hua Hin — Kuiburi Beach = 78 km | 180 m ascent | flat

We will cycle the first 14 km on a bike path and then along beautiful, varied coastal roads with an ocean view. Numerous pineapple plantations and shrimp farms dot the landscape. We pass through Khao Sam Roi Yot National Park and ride further to Kuiburi Beach. Our hotel lies directly on the seaside. **B | L incl.** 



## Day 4 3<sup>rd</sup> stage, Kuiburi Beach — Baan Krut Beach = 105 km | 320 m ascent | flat slightly wavy

Through a scenic landscape characterized by coconut palms, we ride to the beach of Baan Krut. This tiny, sleepy village is a true insider tip. At the end of the picturesque beach there is a castle-like temple complex. From there we enjoy a breathtaking view of the bay and the palm forests in the distance. Our resort is only a stone's throw from Baan Krut's beautiful, enticing sand beach—perfect for relaxing and daydreaming. **B | L incl.** 

#### Day 5: Royal Coast Road – the dream road for cyclists

#### 4th stage: Baan Krut Beach — Chumphon Beach = 122 km | 520 m ascent | wavy

On this stage we will ride along the Royal Coast Road. This stretch was built extra for cycle touring. Virtually traffic-free, we pedal through rubber trees and palm forests. From the Keo Prasert Temple we enjoy a breathtaking view of the karst peaks of the Thung Maha Bay. The snow-white sand beach of Ao Thung Wua Laen, today's destination, is located 15 km outside of Chumphon City. **B | L incl.** 

#### **Day 6: Chumphon – Gateway to Southern Thailand**

#### Rest day on the beach in Chumphon

Today's rest day offers you the opportunity to sleep in, relax and swim in the hotel's pool. Nature lovers may prefer the white sand beach and treating themselves to a massage afterward? The beautiful coastal road entices cyclists to go out for another voluntary ride on the bike. **B incl.** 

#### Day 7

## 5<sup>th</sup> stage: Chumphon Beach - Arunothai Beach = 89 km | 400 m ascent | flat to wavy

The nearby ocean is our constant companion. Our eyes can't get enough of the tropical, green vegetation. We bypass the city of Chumphon toward the south and return to the coast. Here we have the road almost to ourselves. Arunothai Beach is still located within the province of Chumphon. **B | L incl.** 



# Day 8 6<sup>th</sup> stage: Arunothai Beach — Laemsai Beach = 103 km | 480 m ascent | flat to wavy

The flat coastal road leads us through a scenic landscape of small villages. Jungle-covered limestone peaks reach toward the sky as we enjoy the practically traffic-free road. Once again, our hotel truly lives up to its title as a "beach resort." We will enjoy a pleasant evening on the quiet beach. **B | L incl.** 

## Day 9: Optional afternoon boat excursion on Chiew Larn Lake 7th stage: Laemsai Beach — Takun = 103 km | 350 m ascent | flat to wavy

Shortly before Suratthani, we turn off toward Khao Sok National Park. Rubber trees and oil palm forests are characteristic for this fertile area. Through construction of the Ratchaprapha Dam in 1987, a unique, gigantic lake was created. After a refreshing swim in the hotel pool, you could admire the unique limestone peaks of the Khao Sok National Park surrounding the lake and enjoy an evening drink at a floating restaurant. **B | L incl.** 

#### Day 10: Swimming in the Indian Ocean

#### 8th stage: Takun - Khao Lak Beach = 119 km | 1.330 m ascent | wavy

We traverse the Khao Sok National Park and let ourselves be enchanted once again by its fairy-tale mountain scenery. A short incline of 5% leads us to a perfect viewpoint. After a brief descent, we visit an elephant camp and then continue on to a golf course for lunch. In Khao Lak, the coast of the Indian Ocean is already waiting for us. Our resort is located right on the beautiful Nangthong Beach. **B | L incl.** 

#### Day 11: Epilogue

## 9<sup>th</sup> stage: Khao Lak - Choeng Thale, Phuket = 94 km | 490 m ascent | flat to slightly wavy

We follow the main road and turn onto an idyllic side road after 33 km. We take a coffee break in Thai Muang. Afterwards, all senses are rewarded once again with the view of a picture-book landscape. After crossing the Sarasin Bridge, we reach the largest island in Thailand – Phuket – and leisurely cycle to the Siam Bike Tours shop. There, we enjoy a communal lunch and toast to our adventurous tour. **B | L incl.** 

#### **Extension or individual further travel**



#### **Included services**

- All overnight accommodations with breakfast
- All meals mentioned: 10 x B = Breakfast | 9 x L = Lunch
- All coffee breaks: Iced coffee, delicious hot blended coffee beverages or tea
- Isotonic drinks, cola, water and fresh fruit on all stages
- German or English speaking tour guide
- Team jersey | Team backpack | Team phone bag | Drinking bottle 0.75 |
- Accompanying van with possibility to ride along
- Van transfer Bangkok Phetchaburi
- Boat trip Chiew Larn lake including national park fees
- Repair service
- Additional insurance during the tour
- Photos for downloading
- **Full Service** (Bottle refills, refreshing towelettes, storage of helmets and shoes and much more...)

### **Services NOT included**

- Bike rental we have a large selection of racing road bikes and e-bikes
- Transfer to hotel in Bangkok, approx. THB 300 to THB 500 per taxi
- Alcoholic beverages
- Voluntary tips
- Possible overnight accommodation in Phuket is not included

#### **Notes**

- Due to limited space, transport of bike cases can result in additional charges
- Personal bikes brought along will be assembled in Phetchaburi