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Versatile East Thailand

Tour ID: G

Khao Yai National Park – Koh Chang Island – Riding along the Gulf Coast of Thailand.

Our East Thailand tour offers something for every taste.

11 days | 10 nights | 8 stages from 50 up to 146 km = Total 823 km (514 miles) | 1 day of rest

The East of Thailand is a geographical peninsular, bordered on the east by Cambodia. This region offers it all, making any holiday cyclist’s heart beat faster. There are the National Parks rich in biodiversity, mountain ranges and rain forests, in which elephants and monkeys roam freely. Off the coast, tropical islands are sprinkled in the blue seas with stunning sandy beaches. East Thailand has an impressive mix of luscious vegetation and breath-taking landscapes.





Bangkok

Bangkok, the pulsating metropolis of Thailand, offers many choices for excursions. Visit the Kings Palace, stand in awe in front of uncountable, splendid Temples, or discover the historical Bangkok on a river tour. Look forward to culinary treats and endless shopping in price paradise. There is the opportunity to visit the huge Chatuchak weekend market on the Saturday before the tour starts. We suggest that you stay a couple of days before the bike journey in this fascinating, exotic city. We gladly offer you the service to help book your accommodation in Bangkok and can provide you with further information.

1st day

Day of arrival

The participants occupy their rooms in the 4* Hotel on Sukhumvit Road, in the heart of Bangkok. In the evening we welcome you in this exquisite hotel. You will receive all the information regarding the tour and learn some interesting details about your host country. Afterwards we will hand over the team jersey to all participants.

2nd day: Tour start

1st stage, warm up round in Khao Yai National Park= 50 km (31 miles), flat

After enjoying a magnificent breakfast buffet, we leave Bangkok in a comfortable minibus in a north-eastern direction. After approximately 2 hours we will reach Pak Chong, the starting point of our first stage. Pak Chong is regarded as the door to the northeast of Thailand (Isaan) and is located at the border of the oldest Thai National Park, Khao Yai. After we have sorted and fitted our bikes, we tour the area on our bikes. We take a stop at a wine-growing estate in PB valley and enjoy the ambience.

B | L

3rd day

2nd stage, Pak Chong – Prachinburi = 110 km (69 miles), 700 m ascent, one 7 km climb.

Today we cross the Khao Yai National Park. The evergreen foliage of the Park's forest creates the natural border between the plains of central Thailand and the high plateau of the Isaan. The Khao Yai National Park has been awarded with the UNESCO World Culture Heritage Status as a unique nature reserve. **B | L**

4th day

3rd stage, Prachinburi – Sa Kaeo = 77 km (48 miles) mostly flat

This morning we take some time to enjoy the facilities offered at the Thawaravadee Resort. We start cycling after lunch along a route that takes us through a varied agricultural landscape. The century long influence of Khmer culture is still visible on many buildings. **B**

5th day

4th stage, Sa Kaeo – Soi Dao Golf Course = 146 km (91 miles) 380m ascent, rolling

We cycle along the Cambodian border towards the province of Chanthaburi in the direction of the gulf of Thailand. This province is one of the most fertile regions of Thailand. Huge tapioca and sugarcane fields cover the landscape. Bizarre limestone formations stick out of the ground. **B | L**



6th day

5th stage, Soi Dao Golf Course – Koh Chang Island = 135 km (84 miles), 1034 m ascent, rolling with short ascents

We ride along an impressive dam and then ride quite a distance enjoying the colourful flora and fauna of the region. Gradually, our noses catch the salty odour of the nearby Gulf of Thailand. At Laem Ngop we board the ferry to travel to Koh Chang or “Elephant Island”, named after its shape. Here, we spend the next two nights at a gorgeous beach resort. **B | L**

7th day

Rest day on Koh Chang Island

Spend the day enjoying the white sandy beach and swimming in the warm tropical seas. Koh Chang is Thailand’s 2nd biggest island right after Phuket island, but has kept its natural beauty and simplicity. The majority of the island is covered by untouched rainforest. **B**

8th day

6th stage, Koh Chang – Chanthaburi = 101 km (63 miles), 545 m ascent, undulating

We enjoy the fresh morning breeze on the ferry as we cross back to the mainland to start our journey on to Chanthaburi, the city of gem dealers. This region is famous for the rich variety of fruits, delicious and sweet. **B | L**



9th day

7th stage, Chanthaburi – Rayong = 116 km (72 miles), flat

Today's stage leads us along the coast through colourful fruit plantations to Rayong's Novotel Rim Pae Resort. This outstanding Hotel located directly on the beach fulfils all your dreams. We spend the evening enjoying the relaxed atmosphere by the sea. **B | L**

10th day: Last stage

8th stage, Rim Pae / Rayong – Jomtien Beach = 102 km (64 miles), flat


















We ride on the beautiful coastal road to Rayong, with the sea always in our view. We cross the industrial zone of Map Ta Phut, where the roads are in a surprisingly perfect condition for cyclists. Afterwards we ride through the Silverlake vineyard and then on to our hotel at Jomtien Beach, where a refreshing welcome drink will be waiting for you. We enjoy the last dinner together in this cosy atmosphere. **B | L**

11th day: End of the road bike journey – Farewell





Extension or continuation of individual journey as one chooses B




Included services

-  All overnight accommodation includes breakfast
-  **All mentioned meals**
-  Coffee breaks including ice coffee, or hot coffee, or tea
-  Isotonic drinks, coke, water and fruits provided on all stages
-  English-speaking tour guide
-  Team jersey
-  Team back pack
-  Team wallet
-  0.75 l drinking bottle
-  Minibus transfer to Khao Yai
-  Escort bus with luggage trailer, passengers possible
-  National Park fees
-  Return ferry ticket to Koh Chang
-  Repair service
-  Pictures for download
-  Insurance cover over duration of tour
-  **Royal Service** (first-class all-round service. We collect your helmets and shoes, fill up your bottles, serve you with refreshing towels and maintain your bike.....)

Not included services (rates in Thai Baht per taxi)

-  Bike rental (Rental bikes available)
-  Arrival into Bangkok: Taxi from airport to hotel in Bangkok, 28 km about 300 to 500
-  Departure from Jomtien: Taxi from hotel in Jomtien to airport (120 km) about 1.500 / to Bangkok City about 1.800
-  Optional tip for the staff

Remark

-  Possible additional charge for transportation of bike cases