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# **Bangkok to Phuket - West Coast**

# **Tour ID: A West**

Stunning journey along the coast of Thailand from the City of Angels to the Pearl of the Andaman Sea. Meet the dream beaches of the Pacific and the Indian Ocean.

# 10 days | 9 nights | 8 stages from 61 km to 140 km | Total 810 km Rest day on Chumphon Beach

An exotic road bike journey on traffic deserted roads along the Gulf of Thailand and the Andaman Sea, going from Bangkok to the island of Phuket in the south of Thailand. This trip is full of variety as we pass lush plantations, green rice paddies, magnificent temple sites, as well as tropical jungle and bizarre limestone karsts. We ride mostly on roads, directly down the coastline where we experience lots of traditional villages. Most stages finish at beautiful beaches, perfect for swimming and relaxing. Enthusiastic cyclists and culture lovers of all ages, this is the cycling tour for you! All accommodation is in beautiful hotels, often located directly by the seaside and most boasting a swimming pool.



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## **Bangkok – City of Angels**

Bangkok, the pulsating metropolis of Thailand, offers uncountable choices for excursions, including temple visits, palaces, klongs, museums. With all the culinary treats that one could desire and a true shoppers' paradise. There is the opportunity to visit the huge Chatuchak Weekend Market on the Saturday before the tour starts. We recommend that you stay a couple of days before the road bike tour in Bangkok. We are happy to book any additional nights in Bangkok and can provide you with further information as required.

## Day 1: arrival to Bangkok

We stay at the JW Marriott 5\* hotel on Sukhumvit Road in the heart of Bangkok. In the evening, we welcome you in the hotel lobby, where you will receive all the information regarding the tour, as well as interesting details about your host country. Afterwards we will hand over the high-quality team jerseys to all participants.

# Day 2 1<sup>st</sup> stage, Bangkok – Phetchaburi – Hua Hin = 64 km, flat

We leave Bangkok in a comfortable minibus in the direction of Phetchaburi. The outward drive from the heart of Bangkok to our start location takes about 2 hours. Our starting stage rolls along flat side roads down the coast to Cha – Am, where we rest for lunch. We ride the last miles to Hua Hin along nice rural roads. Hua Hin is Thailand's oldest seaside resort and welcomes us with plenty of good restaurants, shops, and a 5 km long white sandy beach. In the afternoon we will check in at Hua Hin Hilton 5\* and refresh ourselves in the big pool. **B** | L incl.

## Day 3

# 2<sup>nd</sup> stage, Hua Hin – Prachuap Khiri Khan = 119 km, flat

We will cycle the first 14 km on a bike path and then along beautiful, varied coastal roads with an ocean view. Numerous pineapple plantations and shrimp farms dot the landscape. We pass through Khao Sam Roi Yot National Park and head towards the sleepy town of Prachuap Khiri Khan. **B | L incl.** 



# Day 4 3<sup>rd</sup> stage, Prachuap Khiri Khan – Had Baan Krut = 61 km, mostly flat

We ride along good quality roads to the beach of Had Baan Krut. The tiny village is one of Thailand's hidden gems. At the end of the idyllic beach, perfect for swimming, is a very nice hilltop temple site. Here, we enjoy the view over the enchanting bay and the surrounding area covered by green foliage. The resort is located directly on the dreamlike sandy beach, beckoning us to relax. **B incl.** 

## Day 5

# 4<sup>th</sup> stage, Had Baan Krut – Chumphon Beach = 122 km, rolling

On this stage we will ride along the Royal Coast Road. This stretch was built extra for cycle touring. Virtually traffic-free, we pedal through rubber trees and palm forests. From the Keo Prasert Temple we enjoy a breathtaking view of the karst peaks of the Thung Maha Bay. The snow-white sand beach of Ao Thung Wua Laen, today's destination, is located 15 km outside of Chumphon City. **B | L incl.** 

#### **Day 6: Chumphon the gateway to Southern Thailand** Rest day at the Beach in Chumphon

Today's rest day offers you the opportunity to sleep in, relax and swim in the hotel's pool. Nature lovers may prefer the white sand beach and treating themselves to a massage afterward? The beautiful coastal road entices cyclists to go out for another voluntary ride on the bike. **B incl.** 

## Day 7

# 5<sup>th</sup> stage, Chumphon – Ranong = 140 km, rolling or 82 km with bus transfer

We bypass the provincial capital Chumphon and then the roads get a bit steeper, and more undulating. We pass splendid fruit orchards and tall palm trees with fan-like tops. We pass the Isthmus of Kra, the narrowest part of the Malaysian peninsular. Ranong is located on the Indian Ocean. Here we check in to the hotel that offers hot spa/thermal pools and a swimming pool. The thermal waters are famous for their healing effects. **B** | **L incl.** 



#### Day 8 6<sup>th</sup> stage Ranong

# 6<sup>th</sup> stage, Ranong – Kuraburi = 127 km, rolling

We ride on flat roads with our sights set on the rain forest. The last miles towards our stage finishing point, take in a rise up a slope to our hotel located like an oasis in the middle of the jungle. The beautiful resort is set in a splendid garden with a little lake and a swimming pool that invite us to a refreshing bath. We let the feeling of the evergreen rain forest sink in. **B | L incl.** 

# Day 9: swimming in the Indian Ocean

# 7<sup>th</sup> stage Kuraburi – Khao Lak = 78 km, gently rolling

Today's stage begins with a descent through rubber plantations, coconut groves and little villages. We take a break at Khirinara Golf Club, where we enjoy a nice coffee. We cycle on a quiet side road through the ever-changing countryside and travel through idyllic villages with fantastic mountain views. 3 km before we reach Khao Lak, we do a short picture stop at the Tsunami Memorial. In the afternoon there is plenty of time for swimming and relaxing, with the luxury of both a swimming pool or the sandy beach to choose from. **B incl.** 

## Day 10: end of an exciting tour

## 8<sup>th</sup> stage, Khao Lak – Phuket = 90 km, rolling / flat

We enjoy our coffee break in Thai Muang. On the idyllic coastal road, all the senses are rewarded once again with a view of a picture-perfect landscape. Then we reach the largest island of Thailand - Phuket. The exciting journey finally ends at the Siam Bike Tours Shop in Choeng Thale (Laguna). Proud of our achievement, but with a little melancholy that this unique road bike tour is already over, we lift our glasses with a refreshing drink to propose a toast to the tour. B | L incl.

## Extension or continuation of individual journey as one chooses

## **Included services**

- All overnight accommodations with breakfast
- All meals mentioned:  $9 \times B = Breakfast | 6 \times L = Lunch$
- All coffee breaks: Iced coffee, delicious hot blended coffee beverages or tea
- Isotonic drinks, cola, water and fresh fruit on all stages
- German or English speaking tour guide
- Team jersey | Team backpack | Team wallet | Drinking bottle 0.75 |
- Accompanying van with possibility to ride along
- Van transfer Bangkok Phetchaburi
- Boat trip Chiew Larn lake including national park fees
- Repair service
- Additional insurance during the tour
- Photos for downloading
- **Full Service** (Bottle refills, refreshing towelettes, storage of helmets and shoes and much more...)

## **Services NOT included**

- Bike rental (we offer a large selection of <u>Canyon rental bikes</u>)
- Transfer to hotel in Bangkok, approx. THB 300 to THB 500 per taxi
- Alcoholic beverages
- Voluntary tips
- Possible overnight accommodation in Phuket is not included

#### Notes

- Due to limited space, transport of bike cases can result in additional charges
- Personal bikes brought along will be assembled in Phetchaburi