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**East Thailand Tour**

**Tour ID: G**

Khao Yai National Park – Koh Chang Island – Riding along the Gulf Coast of Thailand - Great Hotels:  
Our East Thailand tour offers something for every taste.

**11 days | 10 nights | 8 stages from 46 up to 135 km | Total 833 km | Total Ascent 4,260**  
**Rest day on the island Koh Chang**

The East of Thailand is a geographical peninsula, bordered on the east by Cambodia. This region offers it all, making any holiday cyclist's heart beat faster. There are the National Parks rich in biodiversity, mountain ranges and rain forests, in which elephants and monkeys roam freely. Off the coast, tropical islands are sprinkled in the blue seas with stunning sandy beaches. East Thailand has an impressive mix of luscious vegetation and breath-taking landscapes. A special highlight are the very beautiful hotels and resorts on the entire tour.





## **Bangkok**

Bangkok, the pulsating metropolis of Thailand, offers many choices for excursions. Visit the Kings Palace, stand in awe in front of uncountable, splendid Temples, or discover the historical Bangkok on a river tour. Look forward to culinary treats and endless shopping in price paradise. There is the opportunity to visit the huge Chatuchak Weekend Market on the Saturday before the tour starts. We suggest that you stay a couple of days before the bike journey in this fascinating, exotic city. We gladly offer you the service to help book your accommodation in Bangkok and can provide you with further information.

### **Day 1**

#### **Day of arrival**

The participants occupy their rooms in the 5\* Hotel on Sukhumvit Road, in the heart of Bangkok. In the evening we welcome you in this exquisite hotel. You will receive all the information regarding the tour and learn some interesting details about your host country. Afterwards we will hand over the team jersey to all participants.

### **Day 2: Tour Start**

#### **1<sup>st</sup> stage, warm up round in Khao Yai National Park | 46 km | 420 m ascent | undulating**

After enjoying a magnificent breakfast buffet, we leave Bangkok in a comfortable minibus in a north-eastern direction. After approximately 2 hours we will reach Pak Chong, the starting point of our first stage. Pak Chong is regarded as the gateway to the northeast of Thailand (Isaan) and is located at the border of the oldest Thai National Park, Khao Yai. After we have sorted and fitted our bikes, we tour the area on our bikes. We take a stop at a wine-growing estate in PB valley and enjoy the ambience.

**B | L incl.**



### **Day 3**

**2<sup>nd</sup> stage, Pak Chong – Kabin Buri | 106 km | 710 m ascent | one 7 km climb**

Today we cross the Khao Yai National Park. The evergreen foliage of the Park's forest creates the natural border between the plains of central Thailand and the high plateau of the Isaan. The Khao Yai National Park has been awarded with the UNESCO World Culture Heritage Status as a unique nature reserve. **B | L incl.**

### **Day 4**

**3<sup>rd</sup> stage, Kabin Buri – Aranyaprathet | 113 km | 240 m ascent | mostly flat**

This morning we headed in Eastern direction. After 30 km we turn left and follow a nice back road to our destination Aranyaprathet. The city is known for its cross-border trade between Cambodia and Thailand. The Rong Kluea or Salt Warehouse Market with its hundreds of stores is a must-see. We stay at a nice hotel very popular with cyclists especially. **B | L incl.**

### **Day 5**

**4<sup>th</sup> stage, Aranyaprathet – Soi Dao Golf Course | 119 km | 610 m ascent | rolling**

We cycle along the Cambodian border towards the province of Chanthaburi in the direction of the Gulf of Thailand. This province is one of the most fertile regions of Thailand. Huge tapioca and sugarcane fields cover the landscape. Bizarre limestone formations stick out of the ground. The Soi Dao Golf Resort is a highlight. **B | L incl.**





### **Day 6**

**5<sup>th</sup> stage, Soi Dao Golf Course – Koh Chang Island | 135 km | 1,100 m ascent | rolling with short ascents**

We ride along an impressive dam and then ride quite a distance enjoying the colourful flora and fauna of the region. Gradually, our noses catch the salty odour of the nearby Gulf of Thailand. At Laem Ngop we board the ferry to travel to Koh Chang or “Elephant Island”, named after its shape. Here, we spend the next two nights at a gorgeous beach resort. **B | L incl.**

### **Day 7**

**Rest day on Koh Chang Island**

Spend the day enjoying the white sandy beach and swimming in the warm tropical seas. Koh Chang is Thailand’s 2<sup>nd</sup> biggest island right after Phuket island, but has kept its natural beauty and simplicity. The majority of the island is covered by untouched rainforest. **B incl.**

### **Day 8**

**6<sup>th</sup> stage, Koh Chang – Chanthaburi | 103 km | 530 m ascent | undulating**

We enjoy the fresh morning breeze on the ferry as we cross back to the mainland to start our journey on to Chanthaburi, the city of gem dealers. This region is famous for the rich variety of fruits, delicious and sweet. **B | L incl.**



### **Day 9**

**7<sup>th</sup> stage, Chanthaburi – Rim Pae / Rayong | 105 km | 370 m ascent | undulating, then flat**

Today's stage leads us along the coast through colourful fruit plantations to Rayong's Novotel Rim Pae Resort. This outstanding Hotel located directly on the beach fulfils all your dreams. We spend the evening enjoying the relaxed atmosphere by the sea. **B | L incl.**

### **Day 10: Last stage**

**8<sup>th</sup> stage, Rim Pae / Rayong – Jomtien Beach | 106 km | 280 m ascent | flat**

We ride on the beautiful coastal road to Rayong, with the sea always in our view. We cross the industrial zone of Map Ta Phut, where the roads are in a surprisingly perfect condition for cyclists. Afterwards we ride through the Silverlake vineyard and then on to our hotel at Jomtien Beach, where a refreshing welcome drink will be waiting for you. We enjoy the last dinner together in this cosy atmosphere. **B | L incl.**

### **Day 11: End of the road bike journey – Farewell**

**Extension or continuation of individual journey as one chooses. B incl.**

## Included services

- All overnight accommodations with breakfast
- All meals mentioned: 10 x B = Breakfast | 8 x L = Lunch
- All coffee breaks: Iced coffee, delicious hot blended coffee beverages or tea
- Isotonic drinks, cola, water and fresh fruit on all stages
- German or English speaking tour guide
- Team jersey | Team backpack | Team wallet | Drinking bottle 0.75 l
- Accompanying van with possibility to ride along
- Van transfer Bangkok – Khao Yai
- National Park fees
- Return ferry ticket to Koh Chang
- Repair service
- Additional insurance during the tour
- Photos for downloading
- **Full Service** (Bottle refills, refreshing towelettes, storage of helmets and shoes and much more...)

## Services NOT included

- Bike rental (we offer a large selection of [Canyon rental bikes](#))
- Arrival into Bangkok: Taxi from airport to hotel in Bangkok, 28 km about 300 to 500
- Departure from Jomtien: Taxi from hotel in Jomtien to airport (120 km) about 1.500 / to Bangkok City about 1.800
- Alcoholic beverages
- Voluntary tips

## Notes

- Due to limited space, transport of bike cases can result in additional charges
- Personal bikes brought along will be assembled in Khao Yai